Stone Bridge Press

2006 CATALOG

including Winter 2007



anime
manga
design
culture
lifestyle
travel
language
literature
business

Books about Japan & Asia HEIAN

STONE BRIDGE PRESS





Stone Bridge Press celebrates its 17th year by joining the Yohan (Japan) family of businesses and also by becoming the new home of the imprint of HEIAN International, which for thirty years has been a leading publisher of crafts and children's books and other Asia-related titles. The HEIAN catalog is printed separately. Just ask us if you'd like a copy.

In this catalog, all new 2006 titles in various subject areas are grouped at the front; backlist titles are arranged by category on the pages that follow.

For more complete book listings, author bios, sample chapters, and page images, see our ever-evolving website at **www.stonebridge.com.** For community commentary, breaking news, and author appearances, stop in for your daily dose at the Stone Bridge blog at **stonebridgepress.blogspot.com/.**

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Note: Titles marked "NA only" may in some cases be unavailable outside North America. Titles marked "H" (H-asterisk) may require an additional shipping charge. Prices subject to change at any time.*

submission guidelines

We welcome submissions and project proposals. Please follow the guidelines here when contacting us about your manuscript. A printed copy of these guidelines can be obtained at our website at **www.stonebridge.com**.

Note that we are *only* interested in books by knowledgeable writers who have kept current and informed on their subject matter. Agent inquiries are welcome.

Please do *not* send us haiku diaries, poetry or poetry collections, genre or commercial fiction, or books that have nothing to do with our core subject matter.

Do *not* send us complete manuscripts without querying us first. No phone calls please.

No work will be returned unless you include sufficient return postage with your submission.

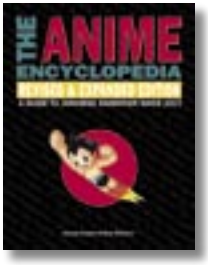
Important: *Please please please do not send any registered mail to the post office*, where we have to stand in line to collect it; send all mail for signature confirmation to 1393 Solano Avenue, Suite C, Albany, CA 94706.

Better yet, send queries via e-mail to **sbpedit@stonebridge.com**. *We do not open file attachments.*

In general, submissions should include:

- A one-page cover letter summarizing what the book is, who it's for, and why it's useful, important, necessary, or unique.
- An expanded table of contents, chapter by chapter with summaries. Indicate what will be included in the front- and backmatter (introduction, preface, bibliography, glossary, index, etc.).
- For fiction or translation, at least two sample chapters. For non-fiction, an introduction and one sample chapter, or two sample chapters.
- Estimated manuscript length and completion date (if it's still incomplete).
- Number of illustrations and what kind (line drawings, black and white photographs, color, etc.). Are there any special production requirements? Please provide representative samples so we can judge quality.
- Have you obtained permission to reproduce copyrighted material in your book?
- Information about you. Include a c.v. if you have one, and indicate your qualifications.
- A discussion of the size of the market for your book and how the book compares to its competition. What makes it different/better? *What are you prepared to do to promote the book?* Do you know others in your field who will provide reviews or testimonials?
- Your financial and scheduling requirements, if any.

If you have questions, please write to us.



The Anime Encyclopedia, Revised & Expanded Edition

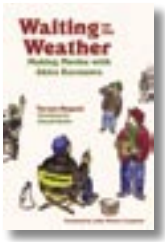
A Guide to Japanese Animation Since 1917

JONATHAN CLEMENTS AND HELEN MCCARTHY

Bigger and better! Our first edition rocked the anime world with its in-depth entries on anime famous and obscure and its superb index/film finder. Now this fantastic book is 40% larger—with all-new entries on hundreds of anime released after 2001, updates on older entries, and over 50,000 words on anime creators (like Tezuka and Otomo) and genres ("Early Anime," "Science Fiction and Robots," etc.). An absolute must-have for every anime shelf! UK-based JONATHAN CLEMENTS and HELEN MCCARTHY write frequently on anime.

• Co-op available
• Targeted mailings
• Rights: world

H* 850 pp, 7 x 9", paper, 150B&W illustrations, ISBN 1-933330-10-4, $29.95



Waiting on the Weather

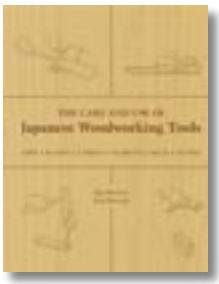
Making Movies with Akira Kurosawa

TERUYO NOGAMI; FOREWORD BY DONALD RICHIE

Teruyo Nogami was a relative newcomer to film production when hired as a continuity/script assistant on Akira Kurosawa's Rashomon. A witness to its filming—and its near destruction in a fire—over the next 50 years she worked on all the master's films—Ikiru, Seven Samurai, Kagemusha, Dreams. No one was more closely involved in Kurosawa's productions, and in this memoir, charmingly illustrated with her own sketches, Nogami writes candidly about the director's energy and creativity, and his famous rages. TERUYO NOGAMI, still a vital part of the film community, lives in Tokyo.

• Co-op available
• Targeted mailings
• Advance Access
• Rights: world English

304 pp, 5½ x 7½", casebound, 24 B&W illustrations and photographs, ISBN 1-933330-09-0, $24.95



The Care and Use of Japanese Woodworking Tools

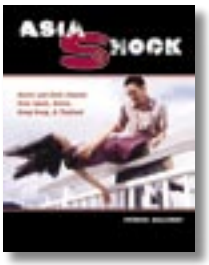
Saws, Planes, Chisels, Marking Gauges, Stones

KIP MESIROW AND RON HERMAN

Japanese tools must perform at the high level top craftspeople demand, but they work differently from Western tools—saws cut on the pull not the push—and need to be properly maintained to give decades of useful service. This book guides the woodworker or hobbyist step by step, using detailed line drawings and concise how-to explanations. KIP MESIROW is a metal craftsman in Vermont and RON HERMAN is a prominent landscape designer. Both helped open one of the earliest Japanese toolshops in the U.S.

• Co-op available
• Targeted mailings
• Rights: world

96 pp, 8½ x 11", paper, 155 B&W illustrations, ISBN 1-933330-13-9, $19.95



Asia Shock

Horror and Dark Cinema from Japan, Korea, Hong Kong, and Thailand

PATRICK GALLOWAY

Asian Extreme cinema is hot, and this book lays it out in all its gory glory. Patrick Galloway, who last looked at samurai movies in his well-received *Stray Dogs and Lone Wolves*, now takes on Asian masters of suspense, exploitation, the supernatural, and bone-chilling, blood-curdling fear and evil. The films featured here are pan-Asian, including Korea and Thailand, and represent a mix of classics and the contemporary cutting edge. Included are overviews of genres, cultures, and viewing tips. PATRICK GALLOWAY lives in Eugene, OR, and is a lifelong student of Asian culture and film.

• Co-op available
• Targeted mailings
• Advance Access
• Rights: world

248 pp, 7 x 9", paper, 50 B&W illustrations and photographs, ISBN 1-933330-12-0, $19.95

Kanji Starter 1
Kanji Starter 2

DAIKI KUSUYA

With just these two books, students can learn a quarter of the 2,000 characters designated for "daily use" by the Japanese government. **Volume 1** concentrates on pictographs and contains some 200 kanji with memory aids, explanatory drawings, examples of kanji formation by combining elements, and common-use word compounds. **Volume 2** contains 300 more kanji, including those of more abstract construction. Each volume is in a handy size and contains a complete stroke-count index. Recommended as a classroom supplement for all levels. DAIKI KUSUYA was born in Tokyo and is a translator of scientific documents.

If you're interested in other books about kanji and learning Japanese, see pages 14–15.







VOLUME 1: 200 pp, 4¼ x 8¾", paper, 200 B&W illustrations, ISBN 1-933330-14-7, $9.95
VOLUME 2: 208 pp, 4¼ x 8¾", paper, 300 B&W illustrations, ISBN 1-933330-15-5, $9.95

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The Japanese Way of the Artist

Living the Japanese Arts & Ways, Brush Meditation, The Japanese Way of the Flower

H. E. DAVEY

The three works anthologized here are essential to understanding the spiritual, meditative, and physical basis of all classical Japanese creative and martial arts. *Living the Japanese Arts & Ways* covers key concepts—like wabi and "stillness in motion"—while the other two books show the reader how to use brush calligraphy (*shodo*) and flower arranging (*ikebana*) to achieve mind-body unification. H. E. DAVEY is Director of the Sennin Foundation Center for Japanese Cultural Arts in the San Francisco Bay Area. *For single-volume editions of H.E. Davey titles see page 13.*

• Co-op available
• Targeted mailings • Rights: world

H* 512 pp, 6 x 7¼", paper, 135 B&W illustrations and photographs, ISBN 1-933330-07-4, $19.95



Yoga Poems

Lines to Unfold By

LEZA LOWITZ; ILLUSTRATIONS BY ANJA BORGSTROM

The 60 poems in this book are windows into the mind/body/spirit experiences that come about through yoga practice. Each poem is named for a posture or breath exercise and is inspired by the physical properties of the pose or some aspect of breathing that led the poet to deeper understanding. Listening to these poems read aloud, or contemplating them on one's own, will help yoga students understand their own struggles and inspire them on the way to personal transformation. "Any student of yoga will find treasures to cherish within its pages." —*Yoga Journal*. Writer and yoga teacher LEZA LOWITZ owns Sun and Moon Yoga Studio in Tokyo. ANJA BORGSTROM is a fine artist in the San Francisco Bay Area.

• Co-op available
• Targeted mailings
• Advance Access
• Rights: world

128 pp, 5 x 7", paper, 12 B&W illustrations, ISBN 1-933330-11-2, $9.95



How to Take a Japanese Bath

LEONARD KOREN; ILLUSTRATED BY SUEHIRO MARUO

Since its first publication in 1992, this book—now back in print—has become a curious classic, taking a simple (yet often incorrectly performed) activity and depicting it with a graphic, manga-style edge. In twelve drawings a young Japanese man is shown preparing, rinsing, soaking, communing, relaxing, contemplating—all an encouragement to readers to slow down, ease into the hot water, and enjoy this timeless ritual of purity and release. "This book is a physical work of art—as it should be, because the Japanese bath is an aesthetic event."—*Whole Earth Review*. San Francisco–based LEONARD KOREN was trained as an architect. SUEHIRO MARUO is a well-known manga artist in Tokyo. *See other books by Leonard Koren on page 11.*

- Targeted mailings
- Advance Access
- Rights: U.S.

40 pp, 5½ x 7", paper, 12 B&W illustrations,
ISBN 1-933330-08-2, $9.95

"The problem came to a head one day as I was driving through Tokyo. While waiting for the light to change, I saw the following public service announcement on the side of a bus: *Omoiyari hitonikurumani konomachini* (Sympathy / toward people, toward cars / toward this town). Seventeen syllables. Five-seven-five format. It must be a haiku, I thought. But when I reached the office and repeated the announcement to my Japanese coworkers, none of them thought it was a haiku. I knew they were thinking to themselves, What kind of a lunatic is she? One tried to break the news to me gently, It's not a haiku, it's an advertising jingle. Well, I knew it was an advertising jingle, but still, wasn't it an advertising jingle haiku?" —from *The Haiku Apprentice*



The Haiku Apprentice

Memoirs of Writing Poetry in Japan

ABIGAIL FRIEDMAN

Abigail Friedman was an American diplomat in Tokyo, not a writer. A chance encounter leads her to a haiku group, where she discovers poetry that anyone can enjoy writing. Her teacher and fellow haiku group members instruct her in seasonal flora and fauna, and gradually she learns to describe the world in plain words, becoming one of the millions in Japan who lead a haiku life. This is the author's story of her literary and cultural voyage, and more: it is an invitation to readers to form their own neighborhood haiku groups and, like her, learn to see the world anew. ABIGAIL FRIEDMAN lives in Quebec.

- Co-op available
- Targeted mailings
- Advance Access
- Rights: world

224 pp, 5⅜ x 8", paper,
ISBN 1-933330-04-X, $14.95



IBC BOOKS

In the Pool

HIDEO OKUDA

Meet Dr. Irabu, the star of this sardonic collection, who makes his patients worse before they get better. In "In the Pool," a man's midlife crisis sends him deep into an addiction to swimming. "Making a Stand" focuses on a man who suffers a constant, painful, and embarrassing erection. In "Trade Show Model" a pretty young woman believes every man she sees on the street is a stalker. In "Cell," a high-school student "addicted" to his cell phone cannot stop text-messaging the "friends" he so desperately wants. "Double Check" tells of a journalist afraid to leave home, for fear his house will burn down while he's gone. HIDEO OKUDA won the Naoki Prize in 2004.

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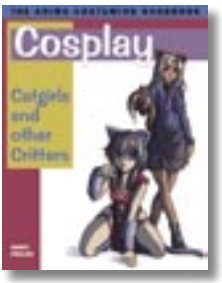
208 pp, 5⅜ x 8¼", casebound,
ISBN 4-925080-94-6, $24.99

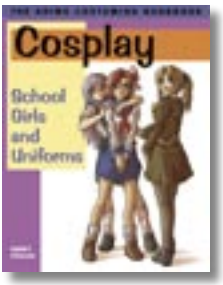
Cosplay

Catgirls and Other Critters

Cosplay

School Girls and Uniforms





GERRY POULOS

Why just draw your favorite anime character when you can be it? Cosplay—short for "costume play"—is sweeping the anime con scene from coast to coast, and once again we're leading the way with a pair of books for both beginning and veteran cosplayers. Each volume features: transforming ordinary fabric and accessories into fabulous contest winners, creating genre-specific costumes from scratch; duplicating your favorite characters or inventing your very own; cosplaying both for competition and just for fun; accessories from shoes to makeup; finding hard-to-get and imported items; patterns, measurements, and sewing techniques; money-saving tips and how-tos for cosplay on a budget; pointers on the care and transportation of costumes; resource lists, websites, where to find character models, etc.; plus full-color photos, plans, and drawings. **Volume 1** covers Catgirls, a favorite of fans from All Purpose Cultural Catgirl Nuku-Nuku to Hyper Police and great for purring and prowling. **Volume 2** is all about Schoolgirls (think Sailor Moon) and how to make uniforms with just the right bouncy-skirt anime style. Gerry Poulos is a long-time anime reviewer, illustrator, and photographer. He lives in Ohio.

Catgirls: 80 pp, 7 x 9", paper, 75 color photos and illustrations, ISBN 1-933330-02-3, $16.95
Schoolgirls: 80 pp, 7 x 9", paper, 75 color photos and illustrations, ISBN 1-933330-03-1, $16.95

- Co-op available
- Targeted mailings
- Advance Access
- Rights: world

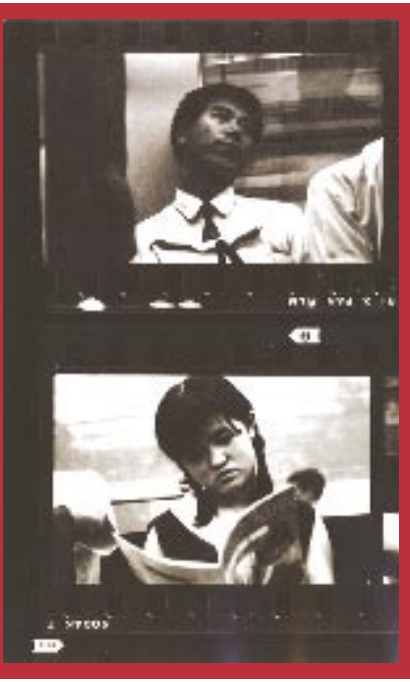
IBC BOOKS

Subway Love



NOBUYOSHI ARAKI

More than 200 black-and-white portraits of ordinary subway passengers in Tokyo taken between 1963 and 1972 are a memorable look at the Japan of decades ago and a study of human interaction and solitude in a changing world. Without using the viewfinder, Araki hid the camera in his lap and secretly photographed commuters sleeping, picking their teeth, flirting, smiling to themselves and trying not to cry. And true to his nature and future works, Araki's spy camera finds its way around men's trousers and up women's skirts. Nobuyoshi Araki is one of Japan's leading photographers.



- Targeted mailings
- Rights: U.S.

H* 228 pp, 10 x 8", paper, 200 b&w photographs, ISBN 4-89684-140-9, $40.00



Hayao Miyazaki

Master of Japanese Animation

HELEN MCCARTHY

Mixing first-hand interviews and personal insights with critical evaluations of art, plot, production qualities, and literary themes, this book provides a film-by-film appraisal of the man often called "the Walt Disney of Japan." Covers seven important Miyazaki works, including *My Neighbor Totoro* and *Princess Mononoke*.

240 pp, 7 x 9", paper, 60+ b/w illustrations, 8 pp in color, ISBN 1-880656-41-8, $18.95



Anime Essentials

Every Thing a Fan Needs to Know

GILLES POITRAS

Answering just about every question a fan (or curious parent) has, *Anime Essentials* is an easy-to-read and fun-to-look-at overview of the pop culture phenomenon sweeping America. An excellent guide for newcomers and beginners, schools, and librarians.

128 pp, 7 x 9", paper, 50 b&w anime images, ISBN 1-880656-53-1, $14.95



The Anime Companion

What's Japanese in Japanese Animation?

GILLES POITRAS

With more than 500 glossary-style entries, this book is a complete guide to anime's distinctive visual style. Includes illustrations, film citations, and numerous references to the related art of manga. Excellent for the classroom and cultural exchange.

176 pp, 7 x 9", paper, 50 b/w illustrations, ISBN 1-880656-32-9, $16.95



The Anime Companion 2

More What's Japanese in Japanese Animation?

GILLES POITRAS

This long-awaited "companion" volume boasts over 500 all-new glossary-style entries to help you decipher anime's distinctive content, images, and cultural motifs. Ranging from Aikido to Zero fighters, it covers the minutiae of anime in fascinating detail, including illustrations, anime images.

168 pp, 7 x 9", paper, 35 b&w photos and illustrations, ISBN 1-880656-96-5, $18.95



Anime Trivia Quizbook

Episode 1: From Easy to Otaku Obscure

RYAN OMEGA

With hundreds of questions on fan favorites like *Pokémon*, *Sailor Moon*, *Gundam*, *Princess Mononoke*, and *Ghost in the Shell*, this book will test wits, spark debate, and probably drive you crazy!

176 pp, 7 x 9", paper, 36 b&w anime images, ISBN 1-880656-44-2, $14.95



Anime Trivia Quizbook

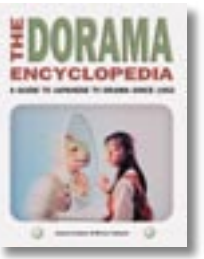
Episode 2: Torments from the Top 20

RYAN OMEGA WITH SCOTT RUX

Like Episode 1, Episode 2 is laced with clever commentary and off-the-wall opinion. Nasty but never mean! With illustrations, sidebars, scorecard, index.

176 pp, 7 x 9", paper, 36 b&w anime images, ISBN 1-880656-55-8, $14.95

"The indefatigable Jonathan Clements has done it again with THE DORAMA ENCYCLOPEDIA, *a volume that takes up where his invaluable* Anime Encyclopedia *left off, with more facts and informed commentary than all but the most obsessed otaku can absorb in a lifetime. Mr. Clements and Ms. Tamamuro deserve praise—and much needed rest for their overworked, if ever observant eyes."*—Mark Schilling, Author of *Encyclopedia of Japanese Pop Culture*.



The Dorama Encyclopedia

A Guide to Japanese TV Drama Since 1953

JONATHAN CLEMENTS AND MOTOKO TAMAMURO

Over 1,000 entries cover Japanese TV and examine the close connections among broadcast, anime, and print media. Incisive commentary and plot synopses make this a book of interest to any fan of popular culture. Unlocks the Japanese psyche as never before!

H* 480 pp, 7 x 9", paper, 100+ b/w photos and illustrations, ISBN 1-880656-81-7, $24.95



Anime Explosion!

The What? Why? & Wow! of Japanese Animation

PATRICK DRAZEN

Anime is . . . exploding. But where did Japanese animation come from, and what does it all mean? Written for fans, culture watchers, and perplexed outsiders, this is an engaging tour of the anime megaverse, from older arts and manga traditions to the works of Miyazaki, Otomo, and Tezuka.

H* 392 pp, 6 x 9", paper, 100+ b&w images, ISBN 1-880656-72-8, $18.95



Watching Anime, Reading Manga

25 Years of Essays and Reviews

FRED PATTEN; FOREWORD BY CARL MACEK

Fred Patten helped establish anime as a serious art form in America back in the early days. This collection of his writings is an incisive history of how anime came to America, plus a critical look at a still-emerging pop culture powerhouse. Illusrated with original fanzine covers.

382 pp, 5⅜ x 8⅜", paper, 40 b/w illustrations+photos, ISBN 1-880656-92-2, $18.95



Cruising the Anime City

An Otaku Guide to Neo Tokyo

PATRICK MACIAS AND TOMOHIRO MACHIYAMA

In Neo Tokyo. *otaku* dress up cos-play style for real, fans crowd cons to buy and trade, and anime soundtracks are heard in concert halls. This book covers studios, toys, museums, games, film "locations," and music, plus where to hang and what to buy.

144 pp, 7 x 9", paper, 100+ color photos, maps, ISBN 1-880656-88-4, $16.95





Mobile Suit Gundam

Awakening, Escalation, Confrontation

YOSHIYUKI TOMINO; TRANS. FREDERIK L. SCHODT; INTRODUCTION BY MARK SIMMONS

Japan's Gundam franchise that began in 1979 now boasts a worldwide cult of devotees. This novelization presents creator Tomino's unvarnished version, with rich characterizations and a shocking ending.

480 pp, 6 x 9", paper, 24 b/w illustrations, ISBN 1-880656-86-8, $14.95

FREDERIK L. SCHODT lives in San Francisco and has written extensively about Japan and Japanese culture. His *Manga! Manga! The World of Japanese Comics* is considered a classic. He is frequently interviewed by media in Japan and the U.S. and has developed a reputation as a thoughtful and articulate advocate of using popular culture as a key to mutual understanding. He is in steady demand as an interpreter, and writes frequently in Japanese for Japanese media.



Native American in the Land of the Shogun

Ranald MacDonald and the Opening of Japan

How Japan, after 250 years of self-imposed isolation, began the process of modernization is in part the story of Ranald MacDonald. In 1848 this half-Scot, half-Chinook adventurer from the Pacific Northwest landed on an island off Hokkaido. Imprisoned, he became one of Japan's first teachers of English.

H* 432 pp, 6 x 9", 60 b/w photos, maps, ISBN 1-880656-77-9, $19.95 paper; ISBN 1-880656-78-7, $39.95 case



Dreamland Japan

Writings on Modern Manga

A collection of thoughtful essays on the current state of the manga universe, essential reading for fans, literati, and anyone interested in the shape of visual culture to come. Covers artists, magazines, and the fan scene. "The most encompassing and the best introduction to manga I have ever read."—Will Eisner

H* 360 pp, 6 x 9", paper , 8 pp in color, 100+ b/w illustrations, ISBN 1-880656-23-X, $19.95



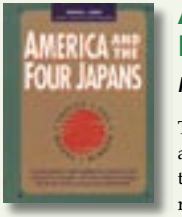
The Four Immigrants Manga

A Japanese Experience in San Francisco, 1904–1922

HENRY KIYAMA; TRANS. FREDERIK L. SCHODT

First published in Japanese in San Francisco in 1931, this is the author's chronicle of his immigrant experiences in the United States. A revealing description of early Asian-American struggles, and a document of great historical and cultural interest.

152 pp, 7 x 9", paper ISBN 1-880656-33-7, $12.95

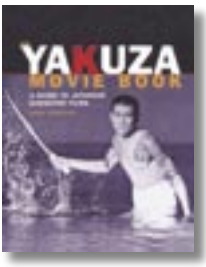


America and the Four Japans

Friend, Foe, Model, Mirror

This readable, wide-ranging analysis brings you quickly up to speed on the ever-changing relationship between Japan and the United States. Drawing on history, cultural commentary, and opinion, the author portrays two nations in conflict yet increasingly connected. "Richly detailed. . . . speaks with refreshing bicultural sensitivity and balance."—*San Francisco Chronicle*

200 pp, 5½ x 7¼", paper, ISBN 1-880656-10-8, $10.95



The Yakuza Movie Book

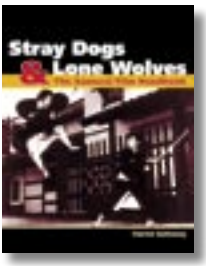
A Guide to Japanese Gangster Films

MARK SCHILLING

Japanese gangster films, with their stoic yet explosively violent heroes, have influenced everyone from Eastwood to Jarmusch. This books features over 120 film critiques, with profiles and interviews of actors and directors like Miike, Kitano, Aikawa, and Sugawara. A distinctive reference.

H* 380 pp, 7 x 9", 45 b/w photos,
ISBN 1-880656-76-0, $19.95

"The heroes of this genre [*ninkyo eiga*: chivalry films] were the spiritual descendants of the silent-era gamblers who had upheld traditional values while slicing through crowds of opponents with swift, deadly swords. . . . These heroes defended not only the gang boss or the occasional helpless widow but also the exploited worker of Japan's belated Industrial Revolution. . . . The closest Hollywood parallel to this were the Westerns that dealt with the closing of the open range and the coming of the railroad."—from *The Yakuza Movie Book*



Stray Dogs & Lone Wolves

The Samurai Film Handbook

PATRICK GALLOWAY

Finally, a readable book about the ever-popular genre of samurai film! *Stray Dogs & Lone Wolves* provides essential background on the samurai warrior in Japanese culture to help explain what makes these tales of loyalty, revenge, and explosive swordsmanship so watchable.

240 pp, 7 x 9", paper, 40 b&w photos,
ISBN 1-880656-93-0, $19.95



The Midnight Eye Guide to New Japanese Film

TOM MES AND JASPER SHARP

Explore the astounding resurgence of Japanese cinema through 19 contemporary Japanese filmmakers, from the well-known (Kitano, Miike, Miyazaki) to the up-and-coming (Naomi Kawase, Satoshi Kon), with reviews of 97 of their recent films. Makes an excellent DVD rental guide!

H* 376 pp, 7 x 9", paper, 100 b/w illustrations,
ISBN 1-880656-89-2, $22.95



jrock, ink.

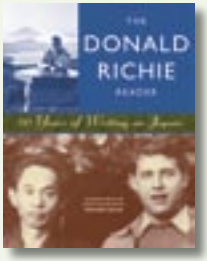
a concise report on 40 of the biggest rock acts in japan

JOSEPHINE YUN

The growth of anime and new radio stations has spurred fan interest in Japanese music. Unlike its sweet-confection sister jpop, jrock is edgy, all about talent, and filled with dazzling musicality. This book introduces 40 of the hottest names in jrock with histories, critiques, and up-to-date discographies.

128 pp, 8 x 8", paper, 40 color illustrations,
ISBN 1-880656-95-7, $18.95

"Her warbling, warning voice, which starkly contrasts with her twisted mess of electric guitar and electronica, ranges anywhere from a harsh croon, a touch demonic and demented, to loud, boisterous, wrathful rockette howling, and beyond to nostalgic. She blends traditional Japanese elements in a bizarre but successful fashion: Imagine a female, kimono-clad attendant taking a smoke break, a geisha slamming on an electric guitar, or a koto performer flipping the bird."—from "Sheena Ringo" in *jrock, ink.*



The Donald Richie Reader

50 Years of Writing on Japan

EDITED AND WITH AN INTRODUCTION BY ARTURO SILVA

The first compilation of the best of Richie's writings on Japan, with excerpts from his work on film plus fiction, Zen musings, and brilliant essays on culture, travel, people, and style. With a critical introduction and full bibliography.

H* 288 pp, 7 x 9", paper, photos,
ISBN 1-880656-61-2, $19.95



The Japan Journals

1947-2004

DONALD RICHIE; EDITED BY LEZA LOWITZ

Donald Richie has been observing and writing about Japan from the moment he arrived on New Year's Eve, 1946. Detailing his life, his lovers, and his ideas on matters high and low, *The Japan Journals* is a record of both a nation and an evolving expatriate sensibility.

H* 510 pp, 6 x 9", paper, 75 b&w photos,
ISBN 1-880656-97-3, $18.95



The Inland Sea

INTRODUCTION BY PICO IYER

Sheltered between Japan's major islands lies the Inland Sea, a place modernity passed by. In this classic travel memoir, Donald Richie embarks on a quest to find Japan's timeless heart among the Inland Sea's mysterious waters and forgotten islands. First published in 1971, this is a lucid, tender voyage of discovery and self-revelation. "Earns its place on the very short shelf of books on Japan that are of permanent value."—*Times Literary Supplement*

260 pp, 5¼ x 7¼", paper, 18 b&w photos,
ISBN 1-880656-69-8, $16.95



Tokyo Story

The Ozu/Noda Screenplay

YASUJIRO OZU AND KOGO NODA; TRANS. DONALD RICHIE AND ERIC KLESTADT; INTRODUCTION BY DONALD RICHIE

Yasujiro Ozu's 1953 *Tokyo Story* is regularly rated among the top films ever made and has recently been reissued as a Criterion DVD. Ozu and cowriter Kogo Noda viewed the script as literature; once completed it was little changed during filming. This is an excellent book for screenwriters and a unique keepsake of a crowning cinematic achievement.

128 pp, 5 x 8", paper, 20 b/w photos,
ISBN 1-880656-80-9, $12.95



K. KAZUKI HYOTA

DONALD RICHIE was born in Lima, Ohio, in 1924 and has lived in Japan since 1947, except for time at Columbia University in the early 1950s and as curator of film at New York's Museum of Modern Art in 1968–73. The author of some thirty books and dozens of essays, Richie is especially well known for his instrumental role in introducing Japanese film to the West. We are honored to publish his work.



A Lateral View

Essays on Culture and Style in Contemporary Japan

This masterfully written collection of short essays by the acknowledged Western expert on Japanese culture and film spans thirty years and ranges broadly over subjects as diverse as the Noh theater, fashion, television, Tokyo Disneyland, language, the kiss, and, of course, film. Richie's twenty-eight essays present cross-sections of Japan's enormous creative accomplishments during the nation's rise to economic and cultural power.

NA only, 245 pp, 5 x 7¼", paper,
ISBN 0-9628137-4-5, $14.95



The Way of Taiko

HEIDI VARIAN; FOREWORD BY SEIICHI TANAKA

Taiko drumming is an ancient sacred practice in Japan, originally used to drive away pests from ricefields and then to call to the gods in thanks at harvest time. This book explains how today taiko in Japan and especially North America has evolved into a form of mental, physical, and martial arts training that combines rhythm, harmony, and movement. Covers instruments, performance, and training.

128 pp, 7 x 7", paper, 60 color photos and illustrations, ISBN 1-880656-99-X, $18.95

"Anyone can bang a drum, but that is not really taiko. True taiko is a Way, a spiritual pursuit. When taiko is done correctly, it includes the whole body, the focus of mind and spirit. When I am enjoying the exciting sound of the taiko, I am not just hearing it. I am seeing the beautiful movement of the performers. And I am feeling the power of the drum in my being. It has been said of taiko that 'rhythm and joy ride together on the end of a drumstick. Its closest cousin may be gospel singing.'"—from *The Way of Taiko*



Light from the East

A Gathering of Asian Wisdom

FRANK MACHOVEC

The great spiritual traditions of Asia in a remarkably compact format. . . . Included are Indian, Tibetan, and Zen Buddhism, Hinduism, Taoism, Yoga, T'ai Chi Ch'uan, Shinto, Confucianism, Feng Shui, and Falun Gong, with brief discussions and excerpts from key works like *The Tibetan Book of the Dead* and *The Book of Five Rings*, including the complete *I Ching* and *The Book of Tao*.

176 pp, 5½ x 8½", paper, 12 b&w photos, ISBN 1-880656-98-1, $16.95

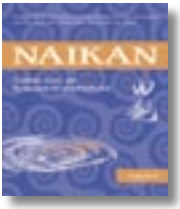


Shinto Meditations for Revering the Earth

STUART D. B. PICKEN; INTRODUCTION BY YUKITAKA YAMAMOTO, HIGH PRIEST OF TSUBAKI GRAND SHRINE

Discover a new sense of reverence for the natural world with this collection of Shinto-inspired devotions. "Tailor-made for those seeking a deeper connection with the natural world and rituals designed to evoke reverence."—*Spirituality & Health Magazine*

128 pp, 5½ x 7", paper, 16 illustrations, ISBN 1-880656-66-3, $12.95



Naikan

Gratitude, Grace, and the Japanese Art of Self-Reflection

GREGG KRECH

Drawing on Eastern spiritual and psychological traditions, Naikan is a structured method for intensely meditating on our lives, our interconnections, our missteps. This collection of introductory essays, parables, and inspirations—by the executive director of the Todo Institute—explains how Naikan can be applied to life and celebrations throughout the year.

220 pp, 6 x 7", paper, ISBN 1-880656-63-9, $14.95



The Art of Setting Stones

& Other Writings from the Japanese Garden

MARC PETER KEANE

These eight essays on Kyoto gardens are richly meditative excursions into art, Buddhism, nature, and science. They show how Japanese gardens are both a microcosm of the natural universe and a clear expression of our humanity, mirroring how we think, worship, and organize our lives and communities.

160 pp, 6 x 8⅜", paper, 8 illustrations ISBN 1-880656-70-1, $16.95



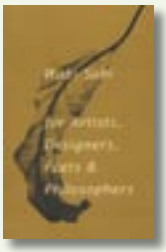
Arranging Things

A Rhetoric of Object Placement

ILLUSTRATIONS BY NATHALIE DU PASQUIER

Just as his classic bestseller *Wabi-Sabi* explored the quintessential Japanese aesthetic, this book uncovers the underlying principles that govern how Western designers arrange things in three-dimensional compositions. Those who master Koren's rhetoric of object placement will have the ability to persuade, uplift, and confound their audience. A rich manifesto of theory and insight.

128 pp, 6 x 7½", paper, 4-color printing, 29 illustrations, ISBN 1-880656-82-5, $19.95



Wabi-Sabi

for Artists, Designers, Poets & Philosophers

A best-selling modern classic of design theory and ideals, this extended essay in words and pictures universalizes the Japanese traditional rustic aesthetic of *wabi-sabi*—the beauty of things imperfect, impermanent, and incomplete—that was developed over hundreds of years by priests and teamasters. "Perfectly conveys the Zen simplicity and stillness."—*Napra Review*

95 pp, 5½ x 8¼", paper, 27 b/w photos, ISBN 1-880656-12-4, $14.95



Undesigning the Bath

Most modern designers are incapable of creating satisfying bathing environments. That is because the key metaphors of design are antagonistic to a profound bathing experience. Extraordinary baths are complex and distinctly elemental—earthy, sensual, and animistic. They are created by natural geological processes or by composers of sensory arousal working in an intuitive, poetic, open-minded—*undesign*—manner.

112 pp, 6 x 9", paper, 37 b/w photos, ISBN 1-880656-24-8, $16.95



The Flower Shop

Charm, Grace, Beauty & Tenderness in a Commercial Context

If beauty is defined as a quality encompassing both extraordinary sensoriality and exemplary human behavior, then possibly the most beautiful flower shop in the world is located in Vienna's low-key-but-hip 4th District. Mixing analysis, anecdote, and observation, Koren again reveals the key principles of practical wisdom at work in the world.

112 pp, 5½ x 8½", paper, 100 duotone photos , ISBN 1-933330-00-7, $19.95



13 Books

(notes on the design, construction & marketing of my last . . .)

Author/designer Leonard Koren looks at the bookmaking process behind each of his creations, from inspiration and organizing page principle to greatest difficulty and enduring lesson. Self-reflective and demythologizing, *13 Books* is an observant guide to the creative process and to the essential link between information, commerce, and visual form in our culture today.

144 pp, 5½ x 8½", paper, 40 b/w illustrations, ISBN 1-880656-59-0,$17.95



Gardens of Gravel and Sand

A simple and provocative book offering a revisionist photo-essay on the ever-popular Japanese "dry landscape" or "rock" gardens. Not Zen, possibly art, more like "meta-gardens," gravel and sand compositions reject nature, yet are made of omnipresent natural dust. Beautifully illustrated with duotone photographs of gravel and sand gardens in Kyoto, this book demystifies and explores an intriguing artistic tradition.

96 pp, 6 x 9½", paper, 37 duotone photos, ISBN 1-880656-43-4, $19.95



Mirei Shigemori

Modernizing the Japanese Garden

CHRISTIAN TSCHUMI; PHOTOGRAPHS BY MARKUZ WERNLI SAITO

Mirei Shigemori (1896–1975), a historian trained in painting and flower arranging, is increasingly admired for his contemporary Japanese garden designs. This book explores ten major Shigemori works using design/cultural analysis, garden plans, and photographs.

128 pp, 6½ x 8¼", paper, 75 color photos and illustrations, ISBN 1-880656-94-9, $18.95



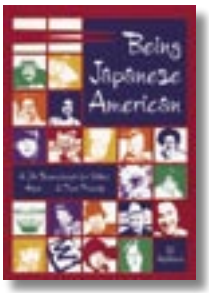
The Japanese Art of Sex

How to Tease, Seduce, and Pleasure the Samurai in Your Bedroom

JINA BACARR

Here is a practical guide that shows you how to use the ancient and modern Japanese sexual practices of court ladies, courtesans, and geisha to spark romance and deliver an erotic "floating world" of pleasure to you and your partner. Tasteful and nonexploitive, filled with sensual activities, foods, and ideas.

256 pp, 7 x 7", paper, 60 2-color illustrations, ISBN 1-880656-84-1, $16.95



Being Japanese American

A JA Sourcebook for Nikkei, Hapa . . . & Their Friends

GIL ASAKAWA

This celebration of what makes JAs so special is an entertaining blend of facts and features, of recipes, songs, and memories that every JA will want to share with friends and family. Makes an excellent gift and reference.

160 pp, 7 x 9", paper, 60 b/w illustrations, ISBN 1-880656-85-X, $14.95



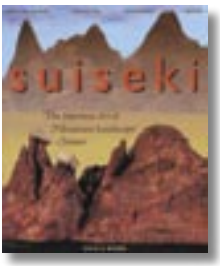
Madame Butterfly

Japonisme, Puccini, and the Search for the Real Cho-Cho-San

JAN VAN RIJ

Long before Puccini wrote his masterpiece, the tale of the poor Japanese girl abandoned by her foreign lover had been taken up by numerous Western writers as part of the wave of Japonisme in late-19th-century Europe. But was there a "real" Madame Butterfly? Jan van Rij thinks he's found the answer, and shares what he knows in this attractive volume.

192 pp, 5½ x 7", casebound, 24 b&w photos and drawings, ISBN 1-880656-52-3, $24.95



Suiseki

The Japanese Art of Miniature Landscape Stones

FELIX G. RIVERA

Suiseki are stones that have naturally weathered into forms suggestive of mountains, islands, and waterfalls. Highly decorative, these stones are also sophisticated tools for inner reflection. This is a field guide for collectors, with information on aesthetics and mounting.

192 pp, 7½ x 9", paper, 16 pp color, 68 b/w photos, charts, ISBN 1-880656-27-2, $29.95



The Japanese Home Stylebook

Architectural Details and Motifs

ILLUSTRATIONS BY SABURO YAMAGATA; INTRODUCTION BY PETER GOODMAN

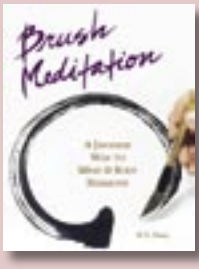
A definitive sourcebook for designers, architects, home remodelers, or anyone thinking of adding a Japan-inspired design to a room or home. Contains over 1,800 designs.

NA only, 176 pp, 7 x 10", paper, ISBN 1-880656-01-9, $18.95

"The art of seduction begins in the discovery of what is sensual all around you. The graceful movement of the female form; the whisper of a witty phrase; the eye-appealing color, texture, and placement of food; tasteful décor; a sense of ritual and ceremony, even an atmosphere of playfulness—these not only please your senses, but also engage your emotions. . . . Pleasure in Japan is about creating something exquisite and wonderful that transcends the mundane, humdrum activities of life. The Japanese believe the pleasure of sex at its best is a total package: It involves bathing, cuisine, song and dance, good company, and finally, lovemaking. Every detail is regulated by honored customs, superstitions, cultural refinements, witty repartee, and artistic ceremonies that have taken shape over the centuries. The hint of the hidden, the mysterious, and even the clandestine has only made it more enticing. There is nothing crude or coarse about this ideal."—from *The Japanese Art of Sex*

michi Japanese Arts and Ways

In the MICHI series, H.E. Davey explores the mind/body connection that lies at the heart of traditional Japanese arts and culture. H. E. Davey is Director of the Sennin Foundation Center for Japanese Cultural Arts in the San Francisco Bay Area.

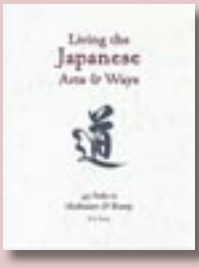


Brush Meditation

A Japanese Way to Mind & Body Harmony

Based on traditional Japanese *shodo*, "the Way of Calligraphy," this volume introduces beginners and non-artists alike to working with brush and ink as a form of "moving meditation," with special reference to life energy, or *ki*, and the power of the *hara*.

144 pp, 7 x 9", paper, 44 b/w brush paintings and instructional photos, ISBN 1-880656-38-8, $16.95



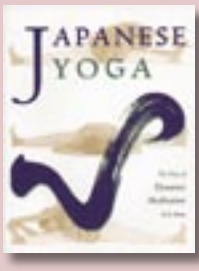
Living the Japanese Arts & Ways

45 Paths to Meditation & Beauty

In the spirit of D. T. Suzuki's *Zen and Japanese Culture*, this provocative text concisely introduces 45 living concepts of the Japanese Ways. Practical examples and exercises show how to incorporate the Ways into our daily lives and value systems.

210 pp, 7 x 9", 50 illustrations, ISBN 1-880656-71-X, $18.95

THE MICHI MISSION: **From *chado*—"the Way of tea"—to *budo*—"the martial Way"—Japan has succeeded in spiritualizing a number of classical arts. The names of these skills often end in Do, also pronounced Michi, meaning the "Way." By studying a Way in detail, we discover vital principles that transcend the art and relate more broadly to the art of living itself. . . . Books in the series MICHI: JAPANESE ARTS AND WAYS focus on these Do forms. They are about discipline and spirituality, about moving from the particular to the universal.**

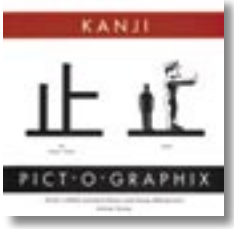


Japanese Yoga

The Way of Dynamic Meditation

The goal of Japanese yoga—Shin-shin-toitsu-do—is enhanced mind/body integration, calmness, and willpower. This volume offers a new approach to experienced yoga students and a natural methodology that newcomers can easily learn. Includes seated and moving meditation techniques.

240 pp, 7 x 9", paper, with brush paintings and b/w instructional photos, ISBN 1-880656-60-4, $18.95



Kanji Pict-o-Graphix

Over 1,000 Japanese Kanji and Kana Mnemonics

MICHAEL ROWLEY

This delightful book presents 1,200 *kanji* with readings, main definitions, standard printed forms, and visual and text mnemonics to make them easier to remember. Fully indexed and cross-referenced. A perfect classroom supplement or reference for students and teachers. Winner of several design awards, and an international bestseller!

216 pp, 8 x 8", paper, ISBN 0-9628137-0-2, $19.95



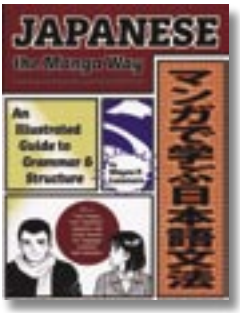
Kana Pict-o-Graphix

Mnemonics for Japanese Hiragana and Katakana

MICHAEL ROWLEY

This compact book is a lively collection of contemporary memory aids (mnemonics) that teaches you the shapes and sounds of *hiragana* and *katakana*, the two basic syllabaries used in written Japanese. Combining clever drawings and text memory aids, each *hiragana* and *katakana* pair is presented on a single page for comparison, with separate visual and text mnemonics to make them easier to remember. Fits handily into any pocket.

72 pp, 3 x 5", paper, ISBN 1-880656-18-3, $6.00



Japanese the Manga Way

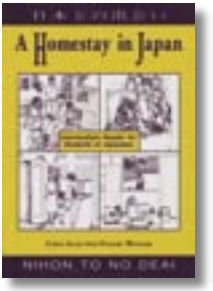
An Illustrated Guide to Grammar and Structure

WAYNE P. LAMMERS

Presenting all spoken Japanese as a variation of three basic sentence types, *Japanese the Manga Way* shows how to build complex constructions step by step, using manga panels to provide real-life usage examples.

H* 312 pp, 8¼ x 10¼", paper, 500+ b/w illustrations, ISBN 1-880656-90-6, $24.95

"Expatriates, future long-term visitors to Japan, and students of the language would be doing themselves a favor and saving themselves some exasperation by reading this book. Clearly written and easily understood, this book is a shortcut to problem solving for students of Japanese. Andrew Horvat deserves his place on academic reading lists next to Ruth Benedict's The Chrysanthemum and the Sword, and Takeo Doi's *The Anatomy of Dependence*."—review of *Japanese Beyond Words* by Sara K. Ellis, *The Independent Publisher*



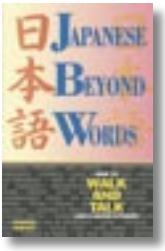
A Homestay in Japan

"Nihon to no Deai"

CARON ALLEN WITH NATSUMI WATANABE

This intermediate reader, designed especially for high school students, contains a complete teacher's guide, glossary, and vocabulary notes. "Impressively assembled and attractively produced."—*Modern Language Journal*

204 pp, 7 x 10", paper, ISBN 0-9628137-6-1, $19.95



Japanese Beyond Words

How to Walk and Talk Like a Native Speaker

ANDREW HORVAT

Japanese Beyond Words takes you into the nonverbal skill zones you've got to master to communicate effectively in Japanese. You'll learn the ins and outs of polite/rude speech, bowing, disagreeing (without starting a war), intonation, apologies, talking without pronouns, circumlocution, slang, and much more.

176 pp, 5½ x 8½", paper, ISBN 1-880656-42-6, $14.95



70 Japanese Gestures

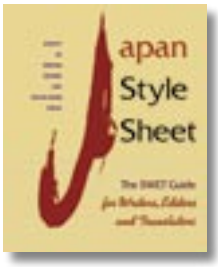
No Language Communication

HAMIRU-AQUI; TRANS. AILEEN CHANG

Who needs to speak Japanese? There's a lot you can say with traditional hand gestures and body motions that are universal as well as uniquely Japanese. This whimsical look at "the language of no language" will teach you to hurl insults, flirt, agree, excuse yourself, cross the street, and even make promises—wordlessly! (And who is that stoic guy wearing a suit in all the photos?)

160 pp, 4¾ x 7¼", 70+ b&w photos,
ISBN 1-933330-01-5, $9.95

"Sound affects consciousness. The mantra *So Hum* is one example of how sound can affect one's state of mind. When the mind quiets, a practitioner of yoga/meditation can hear that the natural sound of the breath is *So Hum*. The sound vibration of the inhalation is *So*, while that of the exhalation is *Hum*. If one focuses on this sound-vibration, every inhalation can become inspiring and every exhalation a release, resulting in a lightness of mind that allows one to move more freely toward the spirit, truth, and higher consciousness."—from *Sacred Sanskrit Words*



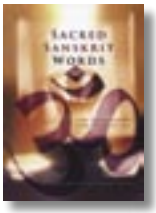
Japan Style Sheet

The SWET Guide for Writers, Editors, and Translators

SOCIETY OF WRITERS, EDITORS, AND TRANSLATORS, TOKYO

This authoritative style manual will assist anyone writing or working on English-language publications about Japan or containing references to Japanese culture, art, business, history, and politics.

80 pp, 7⅜ x 9", paper, map, charts,
ISBN 1-880656-30-2, $11.95



Sacred Sanskrit Words

for Yoga, Chant, and Meditation

LEZA LOWITZ AND REEMA DATTA

Sanskrit is widely used in the West to channel spiritual pathways during yoga practice. This book introduces 180 Sanskrit words (including *chakra, karma, om, namaste, veda, nirvana*) with Devanagari scripts, pronunciations, chants, and brief cultural/historic explanations. A practical reference that makes an excellent gift book for any student of yoga, meditation, or Eastern religion.

240 pp, 5¼ x 7¼", paper, 6 b/w illustrations,
ISBN 1-880656-87-6, $14.95





Designing with Kanji

Japanese Character Motifs for Surface, Skin & Spirit

SHOGO OKETANI AND LEZA LOWITZ

Japanese *kanji* characters are full of meaning and beauty. But if you don't know the language, how do you find characters that say what you want and are not just a "kanji cliché"? This sampler has over 125 kanji in a fun format for easy use.

144 pp, 7 x 9", paper, 2-color printing throughout,
125 illustrations, ISBN 1-880656-79-5, $14.95



Going to Japan on Business

Protocol, Strategies, and Language for the Corporate Traveler

CHRISTALYN BRANNEN

Here are tips for first-time and seasoned business travelers, all in a handy form for quick reference and on-the-spot use. Includes information on preparing for your trip, getting around, making introductions, conducting business meetings, socializing, sounding good in Japanese, and much more. An excellent pocket guide for inflight reading.

176 pp, 5 x 7", paper, ISBN 1-880656-73-6, $14.95



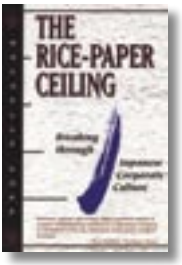
Doing Business with Japanese Men

A Woman's Handbook

CHRISTALYN BRANNEN AND TRACEY WILEN

The only book to look at the *uniquely* delicate situation every Western businesswoman faces traveling to Japan or meeting Japanese clients at her home office. Using real-life anecdotes, cultural explanations, and extensive lists of tactics, it tells women how to quickly establish their authority and work effectively.

176 pp, 5½ x 8½", paper, ISBN 1-880656-04-3, $9.95



The Rice-Paper Ceiling

Breaking through Japanese Corporate Culture

ROCHELLE KOPP

Every day, 700,000 Americans working in Japanese companies confront the "rice-paper ceiling." International business consultant Rochelle Kopp examines this invisible obstacle to advancement at Japanese corporations, how it operates, and how to "break through" it to improve your workplace relationships and career prospects.

272 pp, 6 x 9", paper, charts, ISBN 1-880656-51-5, $19.95

6 Rules for Success in Japan

1. Study the hierarchy on the Japanese side and show deference to authority.
2. Keep business cards on hand.
3. Speak softly, clearly, and politely.
4. Learn something about Japan and Japanese culture.
5. Be patient, polite, and personable.
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from *Going to Japan on Business*



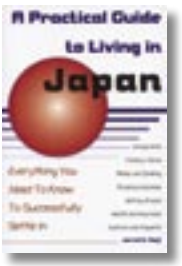
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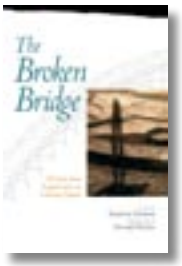


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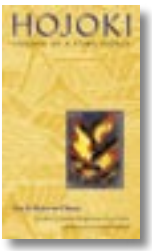
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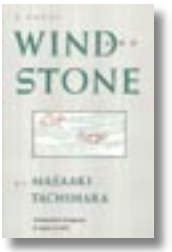
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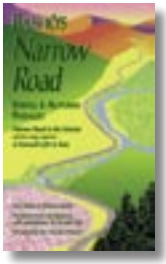


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